

# Manual Handling Instructors and Assessors Refresher

## Aims

This course aims to provide a refresher on the effective assessment and control of manual handling risks and instruction in manual handling techniques. Delegates will be re-assessed on their learning and their ability to instruct others in manual handling.

## Objectives

At the end of the course each delegate should be able to:

- Outline the main manual handling injuries and how they occur
- Make assessments of manual handling operations
- Identify effective avoidance and reduction measures
- Outline the legal requirements relating to Manual Handling
- Demonstrate and use a sound base movement

## Programme summary

- Legislation review
- Instruction techniques review
- Review of learning styles and skills
- Anatomy and physiology
- Risk assessment
- Review of practical techniques
- Group question & answer session – address any problems encountered

*Programme may be subject to change without prior notification*

Delegates are encouraged to bring their own presentations that they use in their own sessions if they would like feedback from the tutor and the group.

## The Venues

Public courses are delivered at our training centres The Court in Southam, Warwickshire and The Mount in Bromsgrove, Worcestershire.



Alternatively, if you have a group of people we can deliver this course at your premises. Talk to us about your requirements and our competitive in-company training rates.

## Fees

£170 + VAT (non-residential).

## Dates and Venues

The Mount

17 March 2022

04 August 2022

## To reserve a place

Call us on **01926 813356** to check availability and reserve places on this course.

.....because we care about the products we deliver; we care about our delegates, and we care about our profession and its impact upon our clients' effectiveness.

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