

DSE Assessors (Display Screen Equipment)

Course Aims

This one day course aims to develop the knowledge and practical skills of those responsible for making assessments of display screen equipment workstations.

Objectives

At the end of the programme you will be able to:

- Describe the legal requirements for risk assessment
- Outline the main requirements of the DSE Regulations
- Describe the risk factors associated with work at DSE workstations
- Identify factors involved in workstation assessments and risk assessment
- Develop and use a simple assessment model for DSE workstations
- Identify practical solutions to eliminate or minimise risks

Programme summary

Legal Review

- Management of health and safety
- Philosophy and principles of ergonomic risk assessment

Display Screen Equipment

- Requirements of the regulations and detailed guidance

Anatomy and Physiology

- The effects of static and dynamic biomechanics
- The eye within the visual environment
- The relevance of stress and fatigue

Risk Assessment

- Workstation minimum requirements
- Assessment of workstations
- Practical application of DSE protocol*
- Developing practical ergonomic solutions
- Developing and using a DSE protocol

Programme may be subject to change without prior notification

Fees

£170 + VAT (non-residential).

Dates and Venues

The Mount

10 March 2021
19 November 2021

The Venues

Public courses are delivered at our training centres The Court in Southam, Warwickshire and The Mount in Bromsgrove, Worcestershire.



Alternatively, if you have a group of people we can deliver this course at your premises. Talk to us about your requirements and our competitive in-company training rates.

To reserve a place

Call us on **01926 813356** to check availability and reserve places on this course.

Why choose keyostas?

.....because we care about the products we deliver; we care about our delegates; and we care about our profession and its impact upon our clients' effectiveness.

your partners in health, safety and the environment