

Manual Handling Instructors and Assessors Refresher

Aims

This course aims to provide a refresher on the effective assessment and control of manual handling risks and instruction in manual handling techniques. Delegates will be re-assessed on their learning and their ability to instruct others in manual handling.

Objectives

At the end of the course each delegate should be able to:

Outline the main manual handling injuries and how they occur
Make assessments of manual handling operations
Identify effective avoidance and reduction measures
Outline the legal requirements relating to Manual Handling
Demonstrate and use a sound base movement

Programme summary

Legislation review
Instruction techniques review
Review of learning styles and skills
Anatomy and physiology
Risk assessment
Review of practical techniques
Group question & answer session – address any problems encountered

Programme may be subject to change without prior notification

Delegates are encouraged to bring their own presentations that they use in their own sessions if they would like feedback from the tutor and the group.

The Venues

Public courses are delivered at our training centres The Court in Southam, Warwickshire and The Mount in Bromsgrove, Worcestershire.



Alternatively, if you have a group of people we can deliver this course at your premises. Talk to us about your requirements and our competitive in-company training rates.

Fees

£170 + VAT (non-residential).

Dates and Venues

The Court

25 March 2021

The Mount

06 August 2021

To reserve a place

Call us on **01926 813356** to check availability and reserve places on this course.

Why choose KeyOstas?

.....because we care about the products we deliver; we care about our delegates; and we care about our profession and its impact upon our clients' effectiveness.

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