



FAIB Emergency First Aid at Work

Aims

This is a one-day course programme designed to enable a first-aider to give emergency first aid to someone who is injured or becomes ill while at work. It meets the standards required to help comply with Health and Safety (First aid) regulations.

Objectives

At the end of the course each participant should be able to:

- Assess emergency situations and carry out appropriate action including informing emergency services
- Carry out artificial ventilations and chest compressions
- Place a casualty into the recovery position and know how to use this position
- Clear obstructed airways
- Control severe bleeding
- Recognise and treat shock
- Understand the requirements of a first aid kit and how to report accident in the workplace
- Recognise and treat illness
- Deal with burns and scalds
- Recognise and treat fractures

Programme content

- Assessing the casualty and situation
- The unconscious casualty
- Cardio-pulmonary Resuscitation (CPR)
- Head Injuries
- Choking and asthma
- Severe bleeding
- Shock
- The first aid kit and reporting procedures
- Heart attack, seizures and diabetes
- Burns and scalds
- Fractures

Course Assessment

Continual summative assessment and demonstration of practical competencies