

DSE (Display Screen Equipment) Assessors

Aims

This one day course aims to develop the knowledge and practical skills of those responsible for making assessments of display screen equipment workstations.

Objectives

At the end of the programme delegates will be able to:

- Describe the legal requirements for risk assessment
- Outline the main requirements of the DSE Regulations
- Describe the risk factors associated with work at DSE workstations
- Identify factors involved in workstation assessments and risk assessment
- Develop and use a simple assessment model for DSE workstations
- Identify practical solutions to eliminate or minimise risks

Programme summary

Legal Review

- Management of health and safety
- Philosophy and principles of ergonomic risk assessment

Display Screen Equipment

- Requirements of the regulations and detailed guidance

Anatomy and Physiology

- The effects of static and dynamic biomechanics
- The eye within the visual environment
- The relevance of stress and fatigue

Risk Assessment

- Workstation minimum requirements
- Assessment of workstations
- Practical application of DSE protocol*
- Developing practical ergonomic solutions
- Developing and using a DSE protocol

All delegates will receive a certificate of attendance
Client specific process and procedures can be used throughout this session.

Programme may be subject to change without prior notification