

Health and Safety Awareness

CITB is the Sector Skills Council and Industry Training Board for the construction industry.



Background

This Site Safety Plus course is a popular route for anyone looking to take their first step towards obtaining a CSCS Labourers (Green) Card.

Aims

This one day course can be for those who have entered, or are about to enter, the construction and civil engineering industry. The course gives delegates an awareness of health and safety and how it affects their daily role.

Overview

This course is the first step towards a CSCS Labourers Card (Green Card) and to the progressive CITB Site Safety Plus suite of courses that range from training for operatives into the industry up to senior manager / director.

Programme summary

- Employees individual responsibilities for their own safety and the safety of others
- Typical construction hazards and how these are controlled
- How everyone can help achieve better practical standards of safety on site
- Legal requirements and liabilities
- Working at height
- Manual Handling
- Fire prevention
- Work equipment
- Occupational Health

This is a highly interactive course delivered by means of case studies, classroom discussion, group work and individual/group presentations. You will be continuously assessed and required to successfully complete a multiple-choice test.

Extensive printed handout material is provided for each delegate

Successful delegates will receive the CITB Site Safety Plus Certificate which lasts for 3 years

Minimum number of delegates is 6 and maximum number of delegates is 20 per course

Course material may be subject to change